



Confession & Absolution



Penitent Bless me Father, for I have sinned.

Priest The Lord be in your heart and on your lips, that you may rightly and truly confess your sins. In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Penitent I confess to almighty God,
to blessed Mary ever Virgin,
and all the saints, and to you, my Father,
that I have sinned in thought,
and word, and deed, through my own fault.

Say when you made your last confession.

Then tell the priest all the sins you can remember since your last confession.

Finish with the following words:

For these and all my other sins which I cannot now remember, I am truly sorry, firmly resolve to do better and humbly ask pardon of God, and of you, Father, advice, penance and absolution.

The priest will give you advice and a penance, he will finish by saying:

Priest Our Lord Jesus Christ who has given power to his Church to absolve all who truly repent and believe in him, of his great mercy forgive you your offences; and by his authority committed to me, I absolve you from your sins in the name of the Father, and of the Son and of the Holy Spirit.

Penitent Amen.

Priest The Passion of our Lord Jesus Christ, the prayers of the blessed Virgin Mary and of all the saints, whatsoever good you do or evil you endure, be to you for the remission of sins, the increase of grace, and the reward of eternal life: And the blessing of God almighty, the Father, + Son, and Holy Spirit be with you now and always.

Penitent Amen.

Priest Go in peace; the Lord has put away your sins, and pray for me, a sinner too.