



The Rosary: Mysteries



The Mysteries of the Rosary are the focus for our prayers when we are praying the Rosary. At their heart, these are the events of the Lord's life as seen through the eyes of His mother, Our Lady or experienced by her.

Traditionally, there were three sets of mysteries: the Glorious Mysteries, the Joyful Mysteries and the Sorrowful Mysteries. In 2002, Pope John Paul II added a new set of mysteries, the Mysteries of Light. There used to be a suggested pattern to praying the Rosary which was superseded when the new mysteries were produced.

These suggestions are just that: if you find a different pattern which enables you to enter more deeply into the wonderful salvation offered by Jesus Christ then go with what works best for you.

The Suggested Weekly Pattern

Every day from Ash Wednesday to Holy Saturday

The Sorrowful Mysteries

From Easter Day to Shrove Tuesday

Sunday

The Glorious Mysteries

Monday

The Joyful Mysteries

Tuesday

The Sorrowful Mysteries

Wednesday

The Glorious Mysteries

Thursday

The Mysteries of Light

Friday

The Sorrowful Mysteries

Saturday

The Joyful Mysteries

The Glorious Mysteries

The Resurrection of Our Lord

The Ascension of Our Lord

The Descent of the Holy Spirit at Pentecost

The Assumption of Our Lady

The Crowning of Our Lady as Queen of Heaven

The Joyful Mysteries

The Annunciation to Our Lady

The Visitation of Our Lady to Elizabeth

The Birth of Our Lord Jesus Christ

The Presentation of Christ in the Temple

The Finding of the Child Jesus in the Temple

The Sorrowful Mysteries

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion

The Mysteries of Light

The Baptism of Christ in the Jordan

The Wedding at Cana

The Proclamation of the Kingdom

The Transfiguration of the Lord

The Institution of the Eucharist

Praying the Seasons

Some people find it helpful to pray the Rosary around certain seasonal themes.

In Advent, the Joyful Mysteries may be used.

In Eastertide, the Glorious Mysteries may be used.

In Ordinary Time, the Mysteries of Light may be used.

In Lent, the Sorrowful Mysteries may be used.

All of these are suggestions only!